



## RISK OF DENGUE IN TROPICAL COUNTRIES

The risk of dengue is not only limited to tropical countries. The number of reported dengue cases is continually increasing. The disease spreads to new areas, and explosive outbreaks are occurring. There have been cases reported in Europe and the U.S.

## A THREAT FOR THOSE WHO TRAVEL

Among travellers returning from low- and middle-income countries, dengue is the second most diagnosed cause of fever after malaria.

## PREVENTION FOR TRAVELLERS

No chemoprophylaxis can prevent dengue.

If you travel to endemic areas you are at risk of contracting dengue.

Vaccination is now available in several countries including: Mexico, The Philippines, Brazil, El Salvador, Costa Rica, Paraguay, Guatemala, Peru, Indonesia, Thailand, Venezuela, Bolivia, Argentina, Cambodia, Malaysia and Singapore.

Contact your local health authority to find out more.

Risk increases with long duration of travel and possible disease incidence in the destination, such as during epidemics or the rainy season.

Travellers going to the tropics are advised to avoid mosquito bites by carrying out the following preventive measures.

Use insect repellents following instructions on the label.

Wear clothing that covers the arms and legs or exposed skin, especially during the early morning and late afternoon.

Select accommodations with air conditioning or well-screened doors and windows if possible. Mosquitoes tend to live indoors and in dark, cool places, such as under beds, behind curtains, in closets, in bathrooms, and on balconies.

Use insecticides to destroy mosquitoes in these areas.

Empty, clean or cover any standing water that mosquitoes can live and breed, such as water storage tanks, buckets, bottles, old tires, flower vases, etc...





# Break Dengue

## ANYONE CAN BE INFECTED WITH THE DENGUE VIRUS

50%

About half of the world's population is now at risk because they live in dengue endemic regions

100

More than 100 countries are endemic but dengue cases are reported in several non endemic countries



The global incidence of dengue has grown dramatically in recent decades

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The actual numbers of dengue cases remains underreported and many cases are misclassified

390

One recent estimate indicates 390 million dengue infections per year



Dengue is a mosquito-borne viral infection



Dengue is found in tropical and sub-tropical climates worldwide, mostly in urban and semi-urban areas



The infection causes flu-like illness, and occasionally develops into a potentially lethal complication



There is no specific treatment for dengue/severe dengue

1%

But early detection and access to proper medical care lowers fatality rates below 1%



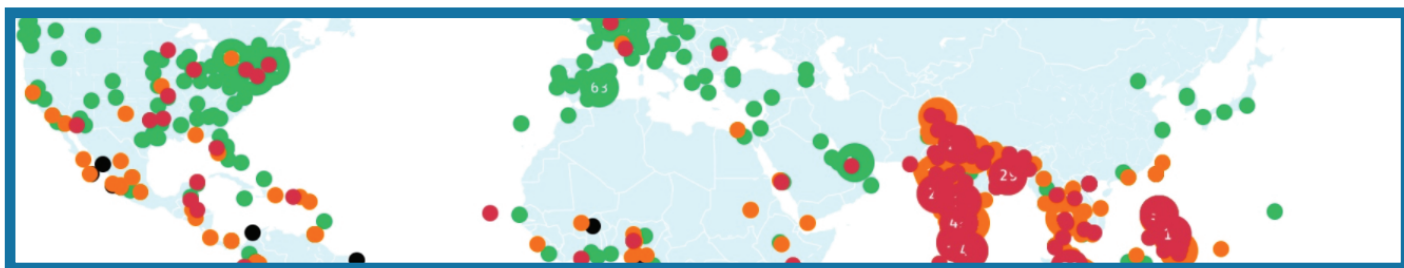
Dengue prevention and control depends on effective vector control measures



A vaccine is available in some countries for those who are 9-45 years old living in endemic areas

DENGUE TRACK

## REPORT DENGUE AROUND YOU



Share your experience with dengue and be part of a global effort to map and predict outbreaks. Just 2 minutes of your time will make a big difference in the global fight to beat dengue. Tell us if you are aware of dengue cases around you.

As a thank you, the system will alert you to outbreaks near you, so you can take extra precautions.

[Report dengue](#)